



# Wakita Barksdale

**Emotional Wellness Coach  
Licensed Professional Counselor, MA, LPC, CLC**

## About Wakita

Wakita is the founder of Assertive Living Women's Empowerment Network. This ministry provides an opportunity for her to assist women as they take control of everything that she has been gifted with and gone through to fulfill the purpose that God created them to accomplish. She offers emotional wellness support and coaching through her virtual private practice. Wakita has over 20 years of working in Human Services.



## The Assertive Living Wellness Services, LLC's Mission


to minister to the WHOLE woman by empowering her to live her truth as she unapologetically pursues her dreams.

### I LOVE TO SPEAK ABOUT...

- Mental Health
- Emotional Wellness
- Women's Support & Empowerment
- Generational Trauma & Healing

### SOCIAL MEDIA

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### MORE CONTACT INFO:

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